

Contact Information for Constituents

It's important to hear from constituents, whether it's a suggestion, a criticism, an observation, or advocacy for issues on specific legislation. All the contact information is listed below. E-mail is recommended because it's fast and saves taxpayer dollars, but equal weight is given to every form of communication ... letters, handwritten notes, faxes, phone calls and e-mails.

Important notice regarding mail sent to the Washington, D.C. office: Due to ongoing security concerns on Capitol Hill, all mail sent to the Washington, D.C. office is delayed and a timely response cannot be guaranteed. If you prefer to use the Postal Service, please send your mail to the Palo Alto office.

Privacy Consent Forms: If you wish to request individual assistance, you may download the appropriate form below, complete it, and mail or fax it back to the Palo Alto office. For more information on how Rep. Eshoo can assist you or your family, [click here](#) .

[Privacy Release Form](#)

[Immigration Privacy Consent Form](#)

[Passport Assistance Request Form](#)

Contact by mail or phone:

District Office

698 Emerson Street

Palo Alto, California 94301

Telephone: (650) 323-2984 or

(408) 245-2339 or (831) 335-2020

Fax: (650) 323-3498

Washington, D.C. Office

205 Cannon Building

Washington, D.C. 20515

Telephone: (202) 225-8104

Fax: (202) 225-8890

Contact by e-mail:

Please use this e-mail form.